Friendship Heights Village Center



Calendar of Events 2017

U **SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography 9:30 a.m. - 1:30 p.m.: Coffee 10 a.m.: Great Books 8:15 a.m.: Walking Club 10:15 a.m.: Dumbarton 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club and Sunday Papers Coffee/Doughnuts 9 a.m. – 1 p.m.: Twin 12:30 p.m.: Bridge Club Center open 9 to 5 11 a.m. - 4 p.m.: Village 10:30 a.m.: Coffee and 10:45 a.m.: Depart for Springs Playtime 2 to 4 p.m.: Fourth of July **Dumbarton** 11 a.m.: Still Life and 9:30 a.m.: Photography for Celebration 10:30 a.m.: Balance, 1 p.m.: All in the Eyes Children Beyond Movement and Memory 2 p.m.: Tea and 10:30 a.m.: Basic 6:45 p.m.: Acrylic or Oil 1 p.m.: Abstract Painting Shuttle bus runs on Talk: Coping with Photography 7 p.m.: Movie: Beauty weekend schedule Parkinson's and the Beast 5:30 p.m.: COMMUNITY ADVISORY COMMITTEE—Open to the Public 7 p.m.: Concert: Marsha and the Positrons 8:15 a.m.: Walking Club 1 p.m.: Suburban Lecture: 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:10 a.m.: Yoga A Refreshing Look at 12 – 4 p.m.: Blood Pressure 10:30 a.m.: Coffee and 9 a.m. – 1 p.m.: Twin 11 a.m. — 4 p.m.: Village 10 a.m.: Great Books Hydration 9:30 a.m. - 1:30 p.m.: Coffee Springs Screening Playtime Current Events 12:30 p.m.: Bridge Club and Sunday Papers 1 p.m.: All in the Eyes 9:30 a.m.: Photography for 2 p.m.: Speech Therapy and 11 a.m.: Still Life and 10:30 a.m.: Balance, 1 p.m.: Tea and Talk: Gary 11:30 a.m. - 1:30 p.m.: Children 10:30 a.m.: Basic Support Group p.m.: Concert: Steven Beyond Movement and Memory Vikan, Confessions of a **Art Reception** Hom and Karla 2 – 4 p.m.: Nurse Specialist 6:45 p.m.: Acrylic or Oil **Museum Director** l p.m.: Abstract Painting Photography Chisholm 7:30 p.m.: FRIENDSHIP 3 - 4 p.m.: Tea 7 p.m.: Movie: Allied 7 p.m.: Bele Bele Outdoor 7 p.m.: Pilates **HEIGHTS VILLAGE** Concert COUNCIL MEETING -Open to the Public 16 22 21 9:30 a.m.: Tai Chi 1 p.m.: All in the Eyes 7:30 a.m.: Depart for 9:10 a.m.: Yoga 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 11 a.m.: Village Book Club **Eastern Shore** 10 a.m.: Great Books 7 p.m.: Concert: Richard 9:30 a.m. - 1:30 p.m.: Coffee 10:30 a.m.: Coffee and 9 a.m. – 1 p.m.: Twin 8:15 a.m.: Walking Club and Sunday Papers 12:30 p.m.: Bridge Club Current Events Springs 12 – 4 p.m.: Blood Pressure 9:30 a.m.: Photography for 11 a.m. - 4 p.m.: Village 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Financial Well-Screening Children **Being in Retirement** 2—4 p.m.: Nurse Specialist 10:30 a.m.: Basic 11 a.m.: Still Life and 3-4 p.m.: Tea 1 p.m.: Abstract Painting 7 p.m.: Café Muse Photography Beyond 7 p.m.: Pilates 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: Fantastic . Beasts 23 9:10 a.m.: Yoga 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 7 p.m.: Concert: Pam 10 a.m.: Great Books 10 a.m. - 2 p.m.: MVA Mobile Office 9:30 a.m. - 1:30 p.m.: Coffee **Parker Trio** 10:30 a.m.: Coffee and 9 a.m. - 1 p.m.: Twin 12 - 4 p.m.: Blood Pressure 11 a.m. - 4 p.m.: Village and Sunday Papers Screening Current Events Springs 12:30 p.m.: Bridge Club 9:30 a.m.: Photography for 2 – 4 p.m.: Nurse Specialist 11 a.m.: Still Life and 10:30 a.m.: Balance, Children Beyond Movement and Memory 3 - 4 p.m.: Tea 10:30 a.m.: Basic 6:45 p.m.: Acrylic or Oil 7 p.m.: Pilates Photography 7 p.m.: Movie: Café Society 30 **Friendship Heights Neighbors Shuttle bus hours** 9:10 a.m.: Yoga **Network (FHNN)--July Event** 9:15 a.m.: Tai Chi

9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers

10 a.m.: Great Books 12:30 p.m.: Bridge Club

Monday through Friday Saturday and Sunday



6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. 9 a.m. to 5 p.m. Friday Saturday and Sunday 9 a.m. to 2 p.m. July 23, 3—5 p.m.: ICE CREAM SOCIAL at the Elizabeth Party Room. Meet and mingle with your friends and neighbors who are learning about or already members of, volunteers or supporters for FHNN. FHNN helps seniors age in place by neighbors helping neighbors. Join in the summer fun! RSVP by July 21 to fhneighbors.org and visit our website at http://www.fhneighbors.org for more information about FHNN and current and future events.